

GRAND KNIGHT FREE THROW 2010 INFORMATION SHEET

- 1.) This years Chairperson for the State Free Throw is Fred Ouellette, whose contact No. is **603-834-5338** and his e-.mail is freddieo54@yahoo.com.
- 2.) The competition will be held at Somersworth high school on **Memorial Drive off of High St. on Saturday March 13th in Somersworth NH.** Registration should start at 8:30. to 9:30 a m and competition should go to 12:30 p.m. **Directions below.**
Important!! Brother Knights will be needed from other Councils to help make the Registration process move smoothly and to also Brothers needed to assist at the baskets.
- 3.) Each Council who are sponsoring youth at the State level should send their original competition sheets from their respective councils to **Fred Ouellette at 16 Portland St. Somersworth NH, 03878.** They should be in his hands no later than the **last week in February.** **Also each youth must have proof of age, no exceptions with a legal birth certificate.**
Important!! Any youth who may be involved in a basketball game out side of the State competition that day who does not arrive at the time his age group is shooting will not be permitted to participate. If the Grand Knight from each council **does not send sheets** to Fred at the prescribed time they **must have the chairman or the GK bring the originals the morning of the contest.** No child will be allowed to compete unless he has a completed an original form from the council level event.
- 4.) The host Council Chairman, in this case is **Council 2078** and the coordinator is **John Couture** who will explain the rules per the Supreme Council Official Free Throw guidelines to the participants. He will also give info to the audience as to particulars of the facilities amenities and how they should conduct themselves while the youth are shooting.
- 5.) He will then be giving some lessons learned as to how and where the children shoot at the baskets and how the judges are positioned. These to include the two distances from the basket depending on age of the youth with a specific taped point on the floor using two sized balls according to age.
Each judge will have a designated spot to avoid distraction to the shooter. There will be four individuals assigned to each basket

- 6.) The competition officially begins when each category is called at each of the designated basket/hoops. Once all the competitors have participated in their category, the score sheets are given to the runners who will return them to the registration table where they will be tallied for the winners to be determined, if there is any ties, a “shoot off” will be held. If there is a tie in any category and the child is not present for the shoot off he or she will be eliminated from his age groups judging.
- 7.) Once all categories have a winner, the winners should be given their Trophies by the State representative.
Also one copy should be given to the Council GK and another copy to the State Chairman to be recorded with Supreme
- 8.) **The Somersworth High School Gym is located on Memorial Drive in Somersworth NH. There is no specific number.
Take High Street off Route 16, **Exit 9** from either direction North or South. Go north for about 1 mile. This begins High St. Then continue North for about 3 miles on High Street. The turn to Memorial Drive is on the left.
The High School is located on the far end of the complex about a mile. It is best to go to Map Quest for best directions because there are many routes and different ways to save time for those bringing the youths.

****Information for setting up a Free Throw**

- 1.) Councils should be aware that they may need to furnish their own basketballs for the council level competition. You will need **two sizes** because of the age groups. The balls will be required for all levels of competition. Both the Council level to the State level.
- 2.) Grand Knights should prepare to appoint a Free Throw Chairman by the October Quarterly meeting and then have this Brother Knight should order on line from Supreme no later than November 1st. the Free Throw Competition Kit Also he should order additional score sheets if needed.
- 3.) The Chairman should decide when he will hold his Council level competition. Usually in January.
- 4.) Councils should find a location as soon as October, because most school facilities have scheduled events like basketball tournaments in their gyms during January and February. You also may incur an expense of up to \$200 for facility rental.
- 5.) Read and follow the rules set up by Supreme. You won't have problems with parents or with whatever Council runs the State competition.